

# The Lake of Sorrows

For 4 Part Flex Ensemble, Grade 1.5 - RANDALL D. STANDRIDGE

## RANDALL STANDRIDGE FLEX SERIES INSTRUMENTATION AND SUGGESTED USE

*\*While each part may be used for any instrument in that key, the instruments listed in parentheses are suggested for the best overall sound and range compatibility. Some parts contain optional octaves. The director/performer should select the octave that is best suited for their instrument and range.*

### FLEX PARTS

Includes parts 1, 2, 3, and 4  
for the following transpositions:

<b>C Instruments (T.C)</b> (Flute, Oboe, Violin, Mallets)	<b>3 each</b>
<b>Bb Instruments</b> (Bb Clarinets, Bb Trumpet, Bb Saxophones)	<b>3 each</b>
<b>Eb Instruments</b> (Eb Clarinets, Eb Saxophones)	<b>3 each</b>
<b>F Instruments</b> (French Horn)	<b>3 each</b>
<b>C Instruments (B.C., High)</b> (Bassoon, Trombone, Euphonium, Cello, String Bass)	<b>3 each</b>
<b>C Instruments (B.C., Low)</b> (Tuba)	<b>3 each</b>

### ALTERNATE PARTS

<b>Alternate Bb Clarinet</b>	<b>3</b>
<b>Alternate Bb Tenor Saxophone</b>	<b>3</b>
<b>Alternate French Horn</b>	<b>3</b>
<b>Alternate Alto Clef (Viola)</b>	<b>3</b>

### PERCUSSION/PIANO/SYNTH/OTHERS

<b>Piano/Synth (optional)</b>	<b>1</b>	<b>Percussion 1&amp;2</b>	<b>2</b>
		(Finger Cymbals/Wind Chimes/Crash Cymbals, Bass Drum)	
<b>Mallets 1</b>	<b>2</b>	<b>Percussion 3</b>	<b>2</b>
(Bells)		(Sleigh Bells/Tam-Tam/Suspended Cymbal)	
<b>Mallets 2</b>	<b>2</b>	<b>Sound FX (optional)</b>	<b>2</b>
(Chimes/Marimba)			
<b>Timpani (optional)</b>	<b>2</b>		

\* Practice click Tracks at two tempi (slow and performance speed) as well as percussion/synth backing tracks and other educational material may be downloaded from our website at [www.randallstandridgemusic.com](http://www.randallstandridgemusic.com)

Practice tracks/Backing Tracks include a 2 measure intro.

# The Lake of Sorrows

Tales from the Darklands, Part 2 By Randall D. Standridge

## About *Tales from the Darklands*

A few years back, I created a narrative work for concert band entitled *The Darklands Symphony*, which told the tale of several characters and places that I have created over the years in my imagination through stories, art, and, finally, music. All of the pieces were at the Grade 2-2.5 level, and were very well received. I thought I was done with the Darklands.

I was wrong.

New stories and new figures have populated that world and I felt drawn to the subject matter again. Thus, we are beginning a whole new volume, titled *Tales from the Darklands*. Unlike the Symphony, the "Tales" series will not be one long story but, rather, small individual tales that give more back story and depth to the Darklands Universe. Also, the entire "Tales" series will be written at the Grade 1-1.5 level, opening up the Darklands to a whole new level of players. Each "Tales" piece will be accompanied by supplemental material online, which may be found at my website (beginning May 2021)

## The Lake of Sorrows

Once, there was a goddess who roamed the forests that border the Darklands. One day, a mortal man wandered into her domain, and she fell in love with him on sight. For a time, they lived happily. As the years passed, however, she remained beautiful and young, but he aged, as all mortals do. Upon his death, the goddess was so overcome with grief that her tears formed a lake. To this day, all who foolishly wander too close to the Lake of Sorrows are drawn into its dark waters...but they do not die. They stand on the lake bed, looking upwards and weeping, as the eternal storms thunder and roil overhead.

## Educational goals of the work:

- Expressive and noticeable dynamics
- Tone production and proper note length
- Navigating Slight Tempo Changes
- Teaching Chromaticism at a basic level and with limited range. Copyable Chromatic exercise sheets have been included with this work and are keyed for all instruments

## Rehearsal suggestions

- The tempo of this work is critical to its character. When planning your preparation, make sure to allow time for proper technical development to achieve the written tempos, lest the work come off as "boring."
- The percussion should be on the slightly louder side of the balance spectrum. Please do not "hide" them. However, they should not cover the ensemble.
- The sound FX are optional and may be downloaded from my website.
- The clarinets may be assigned the regular part OR the optional French Horn double (or you may split your section as needed).
- Please use the COPYABLE chromatic exercise sheets to help work with your performers with their development of this skill.**
- Some supplemental videos and the entire short story about "The Lake of Sorrows" will be available on my website by May 2021.



## About the Composer

Randall Standridge (b.1976) received his Bachelor's of Music Education from Arkansas State University. During this time, he studied composition with Dr. Tom O'Connor, before returning to Arkansas State University to earn his Master's in Music Composition, studying with Dr. Tom O'Connor and Dr. Tim Crist. In 2001, he began his tenure as Director of Bands at Harrisburg High School in Harrisburg, Arkansas. He left this post in 2013 to pursue a career as a full-time composer and marching arts designer.

Mr. Standridge is currently published by Grand Mesa Music, Alfred Music, FJH Music, Wingert-Jones Music, Band Works Publications, Twin Towers Music, and Northeastern Music Publications. Mr. Standridge's music is performed internationally. He has had numerous works selected to the J.W. Pepper's editor's choice. His compositions ***Snake Charmer***, ***Gently Blows the Summer Wind***, and ***Angelic Celebrations*** have been included in the "Teaching Music Through Performance in Band" series. He has had numerous works performed at the prestigious Midwest Clinic in Chicago, Illinois. His work ***Art(isms)*** was premiered by the Arkansas State University Wind Ensemble at the 2010 CBDNA conference in Las Cruces, New Mexico, and his work ***Stonewall: 1969*** was premiered at the National LGBA conference in 2019. Mr. Standridge is also a contributing composer for Alfred Music's Sound Innovations: Ensemble Development series.

In addition to his career as a composer, Mr. Standridge is the owner and editor for Randall Standridge Music, LLC and Grand Mesa Marching. He is in demand as a drill designer, music arranger, and colorguard designer for the marching arts, as well as a freelance artist/photographer and writer. He lives in Jonesboro, Arkansas with his family.



## REIMAGINE THE POSSIBILITIES

### ABOUT THE SERIES

The Randall Standridge Music Flex-Series is a collection of adaptable music written for winds, strings, and percussion to provide performers and directors of any instrumentation with quality music that will inspire, educate, and entertain.

### FEATURES OF THE RANDALL STANDRIDGE MUSIC FLEX SERIES

#### ADAPTABLE PARTS

The Randall Standridge Music Flex Series offers two varieties of adaptable instrumentation works:

##### -4 PART FOUR VOICES

- Parts 1-4 transposed for all instruments, with optional octaves where appropriate
- Optional Bb Clarinet/French Horn/Tenor Saxophone/Viola part to address range
- Optional Piano/Percussion parts, which may be covered with our pre-recorded percussion tracks

##### -5 PART FLEX BAND (GRADE 2.5-5)

- Five parts for flex instrumentation, with optional octaves where appropriate
  - Part 1 (C Instruments, Bb Instruments)
  - Part 2 (C Instruments, Bb Instruments, Eb Instruments)
  - Part 3 (C Instruments, Bb Instruments, Eb Instruments, F Instruments)
  - Part 4 (C Instruments, Bb Instruments, Eb Instruments, F Instruments)
  - Part 5 (C Instruments, Bb Instruments, Eb Instruments)
- Optional Piano/Percussion parts, which may be covered with our pre-recorded percussion track

#### AUDIO SUPPORT

- All works have pre-recorded click tracks and practice tracks available at two tempi, practice tempo and performance tempo, with 2 measure click intros (available for download from our website, [www.randallstandridge.com](http://www.randallstandridge.com))
- All works have pre-recorded percussion/electronic backing at two tempi to provide a full ensemble experience for small wind ensembles, with 2 measure click intros (available for download from our website, [www.randallstandridge.com](http://www.randallstandridge.com))

#### COPYABLE PARTS (no...REALLY! But, please read restrictions below)

- Permission to legally copy our parts for the appropriate instrumentation of the purchasing party is included with purchase (see letter included in score). **However, the following guidelines must be adhered to:**
- Performers may only have access to THEIR part...the entire set should not be made available to any one performer.
- Downloads/PDFs of parts may not be made available on public websites, such as links that may be found through search engines such as Google, etc. However, they may be made available via password protected sites, such as Google Classroom, etc. Our company does weekly internet sweeps to search for such files, and parties who violate this policy will be prosecuted under U.S. and International copyright law. This also applies to performing members, so directors are encouraged to discuss copyright law.
- Purchase only licenses performance and rehearsal for the purchasing party. Sharing files with third parties, such as other organizations, schools, or individuals is strictly prohibited and will be prosecuted under U.S. and International copyright law.
- Please remember that composers depend on the sales of their music for their livelihood and to continue their careers. Your financial support of their music allows the creation of new works. In doing so, you are acting as a patron, and you are greatly appreciated.

#### DIGITAL LICENSING.

- Our works are available as digital downloads for pdf printing/distribution. All of the above information applies to digital files as well.
- Purchases are automatically licensed for digital recording and performance on all not-for-profit social media, virtual band, and streaming platforms. Please share recordings of our music (but not copies of our sheet music! See above).



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**Concert work: The Lake of Sorrows - Flex Series (RSM FS017)**

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\_\_\_\_\_  
Director

\_\_\_\_\_  
Administrator

Grade 1.5

Score

Duration: 2'00"

# The Lake of Sorrows

FLEX BAND: For any 4 or 5 instruments

Randall D. Standridge  
(ASCAP)

Sorrowful  $\text{♩} = 64$

1  
2  
3  
4

Alt. Horn in F  
Alt. T. Sax  
Alt. B♭ Clarinet  
Alt. Viola

Piano  
(Optional)

Mallets 1  
Bells

Mallets 2  
Chimes (Hammers)  
Chimes/  
Marimba

Timpani  
(Optional)

Percussion 1&2  
Player 1: Finger Cymbals/  
Wind Chimes/Crash Cymbals  
Player 2: Bass Drum

Percussion 3  
Sleigh Bells/  
Tam-Tam/  
Suspended Cymbal

Sound FX  
(optional)

1 2 3 4 5 6

*mf* *p* *mp*

*p* *mp* *p* *mf* *p* *mp*

*p* *mp* *p* *mp* *p* *mp*

*p* *mp* *p* *mf* *p* *mp*

*mp*

*mp*

*mp* *mf* *mp*

Tune: G, B♭, C, F

*pp*

B.D. *pp*



# The Lake of Sorrows (Flex Band)

18

1  
2  
3  
4  
Alt.H  
Alt.T.S.  
Alt.B.CI.  
Alt.Vla  
Pn.  
Mal. 1  
Mal. 2  
Timp.  
Perc. 1&2  
Perc. 3  
SFX

*mp* *mf* *mp* *p* *p* *mp* *p*

(like distant thunder) *pp* *mp* *pp* *p* *pp* *mp*

Wind Chimes (metallic) *pp* *mp*

Sus. Cym. (yarn mallets) *p* *mf*

Fade out sound FX

13 14 15 16 17 18







# The Lake of Sorrows (Flex Band)

## 30 Faster, Flowing $\text{♩} = 92$

1 *mf* *f*

2 *mp* *f*

3 *f*

4 *mp* *f*

Alt.H  
Alt.T.S.  
Alt.B.Cl.  
Alt.Vla *mp* *f*

Pn. *mf*

Mal. 1 *mf*

Mal. 2 *mf* *f*

Timp. *p*

Perc. 1&2 Wind Chimes (metallic) *mf* *p*

Perc. 3 *mf* *p* Tam-Tam

SFX

# The Lake of Sorrows (Flex Band)

## 36 Powerful

*rit.*

1  
2  
3  
4  
Alt.H  
Alt.T.S.  
Alt.B.Cl.  
Alt.Vla  
Pn.  
Mal. 1  
Mal. 2  
Timp.  
Perc. 1&2  
Perc. 3  
SFX

# The Lake of Sorrows (Flex Band)

Slowing, Pensive  $\text{♩} = 72$

45

rit.

Stagger Breathe

1  
2  
3  
4  
Alt.H  
Alt.T.S.  
Alt.B.Cl.  
Alt.Vla  
Pn.  
Mal. 1  
Mal. 2  
Timp.  
Perc. 1&2  
Perc. 3  
SFX

*ff* *pp* *p* *mp* *p* *mp* *p*

*ff* *pp* *p* *mp* *p* *mp* *p*

*ff* *pp* *p* *mp* *p* *mp* *p*

*ff* *pp* *p* *mp* *p* *mp* *p*

*ff* *mf* *mf*

*ff* *p* *mf*

*ff* *p* *mf* Finger Cym.

*ff* *pp* *mp* *pp* (like distant thunder) Scrape Tam-Tam with Metal beater (fast)

*ff* *p* *Sus. Cym.* *p*

Rainstorm SFX

# The Lake of Sorrows (Flex Band)

## 49 With Resignation ♩=64

1 *p* *pp*

2 *mp* *dim.* *pp*

3 *mp* *dim.* *pp*  
Stagger Breathe

4 *mp* *dim.* *pp*  
Stagger Breathe

Alt.H  
Alt.T.S.  
Alt.B.Cl.  
Alt.Vla  
*mp* *dim.* *pp*  
Stagger Breathe

Pn. *dim.* *pp*  
(8<sup>vb</sup>)

Mal. 1

Mal. 2 *dim.* *pp*

Timp. *p*

Perc. 1&2 *mp*

Perc. 3 *mf* *p*  
Scrape Tam-Tam

SFX

Fade out sound FX slowly